TESTING CHART FOR ME SUPPORT

Test for the number of application types, quantity of drops.

Oral
Top of Head
Naval
Back of Neck
Vagus Nerve Points (neck, below ears)
Neurovascular Points (above pupils on forehead)
Scar
Spine
Injury
Acupuncture Point (caution with pregnancy)
• BL23 (fatigue/feeling stuck/immunity)
CV12 (digestion/intestines/ruminating)
• GV20 (sinuses/ears/mental disorders)

- K1 (grounding/anxiety/insomnia)
- LV3 (emotional balance/hormones)
- SP4 (guilt/shame/generational trauma)
- SP6 (hormones/digestion/immunity/anxiety)

Organ/Gland

- Adrenals (too much/empath)
- Heart (lack of joy/heartache)
- Kidneys (fear)
- Liver/Gallbladder (anger, resentment)
- Lungs (grief)
- Pineal (intuition/insomnia)
- Spleen/Pancreas (worry)
- Thyroid (not speaking your truth/blocked creativity)
- Other

The Vibrant Flow[™] (www.trivibrance.com/tools) Enema

Castor Oil Pack

Ion Footbath

Foot Soak

Detox Bath

Other

MIND BODY SPIRIT Release ACADEMY

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This chart is for informational purposes only and is in no way meant to prevent, diagnose, treat, cure or prescribe in any way, nor take the place of medical or therapeutic care.